

**WINTER 2019
AQUATIC BROCHURE**

*Registration Starts
Tuesday November 27, 2018*

**Register online:
www.bgcdurham.com**



**Swim Kids
(Ages: 5-12 years old)**

Swim Kids 1

Monday	5:30pm*
Tuesday	6:30pm
Wednesday	5:30pm
Thursday	5:30pm

Swim Kids 2

Monday	5:30pm*
Tuesday	5:00pm
Wednesday	5:30pm
Thursday	5:00pm*
Saturday	9:30am *

Swim Kids 3

Monday	6:30pm
Tuesday	6:00pm
Wednesday	6:00pm
Thursday	5:00pm *
Saturday	9:30am *

Swim Kids 4

Monday	6:30pm
Tuesday	6:30pm
Wednesday	6:00pm
Thursday	5:00pm

Swim Kids 5/6

Monday	5:30pm
Tuesday	5:45pm
Thursday	5:00pm
Saturday	9:30am

Swim Kids 7/8

Tuesday	5:00pm
Wednesday	5:45pm

Swim Kids 9/10

Monday	6:15pm
Thursday	5:45pm

Private / Semi-Private Swim Lessons

Monday	5:30pm x2 6:30pm
Tuesday	4:30pm x2 5:30pm x3 6:00pm x2 6:30pm x2
Wednesday	6:00pm
Thursday	6:00pm x3
Saturday	9:30am x2 10:00am x3 10:15am 10:45am 11:00am 11:15am 11:30am 11:45am 12:00pm x2

Red Cross Babysitting Course (Cost \$80)

Date: Sunday Feb 24. 9-5pm

Pre-Requisite: 11 years old

Course offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

**Winter 2019
Aquatic Information**

Session Dates:

Day:	Start	End	Cancellations
Monday	Jan 7	Mar 4	Feb 18 (8 weeks)
Tuesday	Jan 8	Mar 5	(9 weeks)
Wednesday	Jan 9	Mar 6	(9 weeks)
Thursday	Jan 10	Mar 7	(9 weeks)
Saturday	Jan 12	Mar 2	(8 weeks)

Program Costs:

Group Swim Lessons: \$70.40 (8wks) / \$79.20 (9wks)

Club Members: \$65.60 (8 wks) / \$73.80 (9wks)

Private Lessons: \$200(8wks)/ \$225(9wks)

Semi-Private Lessons: \$132.80 (8wks) / \$148.50 (9wks)

Adapted Aquatics: \$90(8wks) / \$101.25 (9wks)

Adapted Aquatics Program

Sponsored by:



Facility Rentals:

Book your birthday party or special event with the Boys & Girls Club. We have a pool, gym, rock climbing wall and games room to choose from!

NOTE: * Asterisk indicates class is combined with another level



Eastview Unit
433 Eulalie Ave, Oshawa L1H 2C6
905-728-5121 ext. 228

Swim Preschool (Ages: 3-5 years old)

Parent & Tot (Ages 4—36 months)

Saturday	9:30am
----------	--------

Sea Otter

Monday	6:00pm
Thursday	5:30pm
Saturday	10:30am

Salamander

Monday	6:00pm
Wednesday	5:00pm*
Thursday	5:30pm
Saturday	10:30am*

Sunfish

Wednesday	5:00pm*
Thursday	6:00pm
Saturday	10:30am*

Standard First Aid & CPR-C Courses (Cost \$90)

- January 19&20 (9am — 5pm Sat/Sun)
- February 9&10 (9am—5pm Sat/Sun)
- March 2&3 (9am—5pm Sat/Sun)

Please Bring your child's previous progress card to the **1st lesson** so that the instructor can focus on incomplete items.

Aquatic Leadership (Ages: 10 years old plus)

Canadian Swim Patrol (Cost: \$100)

Pre-Requisite: Minimum 10 years + Completed Swim Kids 7

Date: Wednesday Jan 9—Mar 6, 5pm—5:45pm

Bronze Star (Cost: \$100)

Pre-Requisite: Minimum 12 years old + Completed Swim Kids 10

Date: Saturday Jan 12—Mar 2, 11am-12pm

Bronze Medallion & Emergency First Aid (Cost: \$175)

Pre-Requisite: 13 years old OR Completed Bronze Star

Dates: March 11-15, 9-4pm (Mon-Fri)

Bronze Cross & Standard First Aid (Cost: \$230)

Pre-Requisite: Completed Bronze Medallion

Date: March 11-15, 9-4pm (Mon-Fri)

Water Safety Instructor Course (Cost: \$300)

Pre-Requisite: 15 years old, Swim Kids 10 Skills & Strokes, Bronze Cross

Skills Evaluation: Sunday January 13, 8:30am-1:30pm

Course Date: Mar 23-25, Fri 5-10pm, Sat/Sun 9-6pm

Candidates will be required to complete a Skills Evaluation, Online learning and Volunteer teaching prior to course dates

Adult Aquatic Programming

Aqua Fitness Classes

\$70 for 10 classes of your choice!

You can still pay-as-you-go for \$7.50/class

Times:

Mondays 9:00am & 7:15pm

Wednesdays 9:00am & 10:00am

Saturday 8:30am

Adult Private Lessons

Adults interested in learning to swim or improve their skills are encouraged to contact the Aquatic Director for available times and further details.

Adapted Aquatics Lessons

These programs are specifically designed for children and youth with special needs, incorporating an adapted approach to swimming lessons based on your child's individual needs and requirements.

ADAPTED AQUATICS PROGRAM SPONSORED



BY:

Monday	6:00pm
Tuesday	4:00pm 4:30pm x3 5:00pm x2
Wednesday	5:00pm 5:30pm
Saturday	11:00am 11:30am 12:00pm x2

General Club Information



After School Program

Runs Monday to Friday, 3:00-6:00 p.m. Includes snack, homework club, arts and crafts, games, gym. Programs run from many locations in the Durham Region. Check website for locations & more details.

Holiday & PA Day Camps

Check front desk for details & schedule

Mission Statement:

To provide a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life

Please See our website for more information!

www.bgcdurham.com

